



Dear Parents,

**Second season of 13 Reasons Why, release date is May 18, 2018.**

As you many have seen in the media, 13 Reasons Why is an intense, dark Netflix drama based on the popular young adult novel **Thirteen Reasons Why** by **Jay Asher** and is definitely not for students under 15. The book and the show revolve around a young girl who ends her life by suicide.

While the book is recommended for young adults (14 or older) the Netflix version is very different and warrants caution. The show is rated TV-MA (mature audiences). The show contains indecent language, explicit sexual activity and graphic violence. While this challenging story could help parents start conversations with teens about issues like bullying, isolation, and depression, the way the series addresses these issues is complex and may be confusing for impressionable viewers. Please preview the show before allowing your child to watch it. Netflix can be easily accessible in the privacy of their room.

If you have any questions you are welcome to email or call me at St. Isidore.

Courtney Boulukos, MA, LPC, NCC  
Courtney.Boulukos@amitahealth.org  
School Counselor

<http://www.chicagotribune.com/entertainment/tv/ct-13-reasons-why-depicts-suicide-20170417-story.html>

<http://www.jedfoundation.org/13-reasons-why-talking-points/>